

Text It!

Objective: Students will formulate a plan for self-protection skills and identify appropriate resources for help. Students will also demonstrate techniques to assertively deal with peer pressure.

Common Core Tie-In:

- Introduction to Social Health: Course Standards #8, 9
- Introduction to Human Studies: Course Standard #15
- Lifespan Development: Course Standards #12 c/d
- Family Studies: Course Standards #7, 8
- Lifetime Wellness (9-12): Course Standards #5.2 b, 6.7
- Health Education (6-8): Course Standards #7.3, 8.1, 8.2, 8.3, 8.4, 12.1, 12.2, 12.3

Supplies Needed:

- Blank iPhone templates

Directions:

In order to practice SWAG, you will have students fill out an iPhone texting template using the steps to talk to their partner.

Before you begin, put the example text conversation on the overhead, or hand each student a copy. Have two students read it out loud if they are willing. If not, you can read both parts. Address how each step of SWAG was used.

Print the template pages beforehand and split students into groups of two or three. Give each group a scenario and a template. Give them 5-7 minutes to write a text conversation based off their scenario using SWAG. To help you may leave the example on the overhead, or you can put up the examples page from the SWAG slideshow on the projector.

Any student who wants may read their text conversation out loud when time is up.

Scenarios:

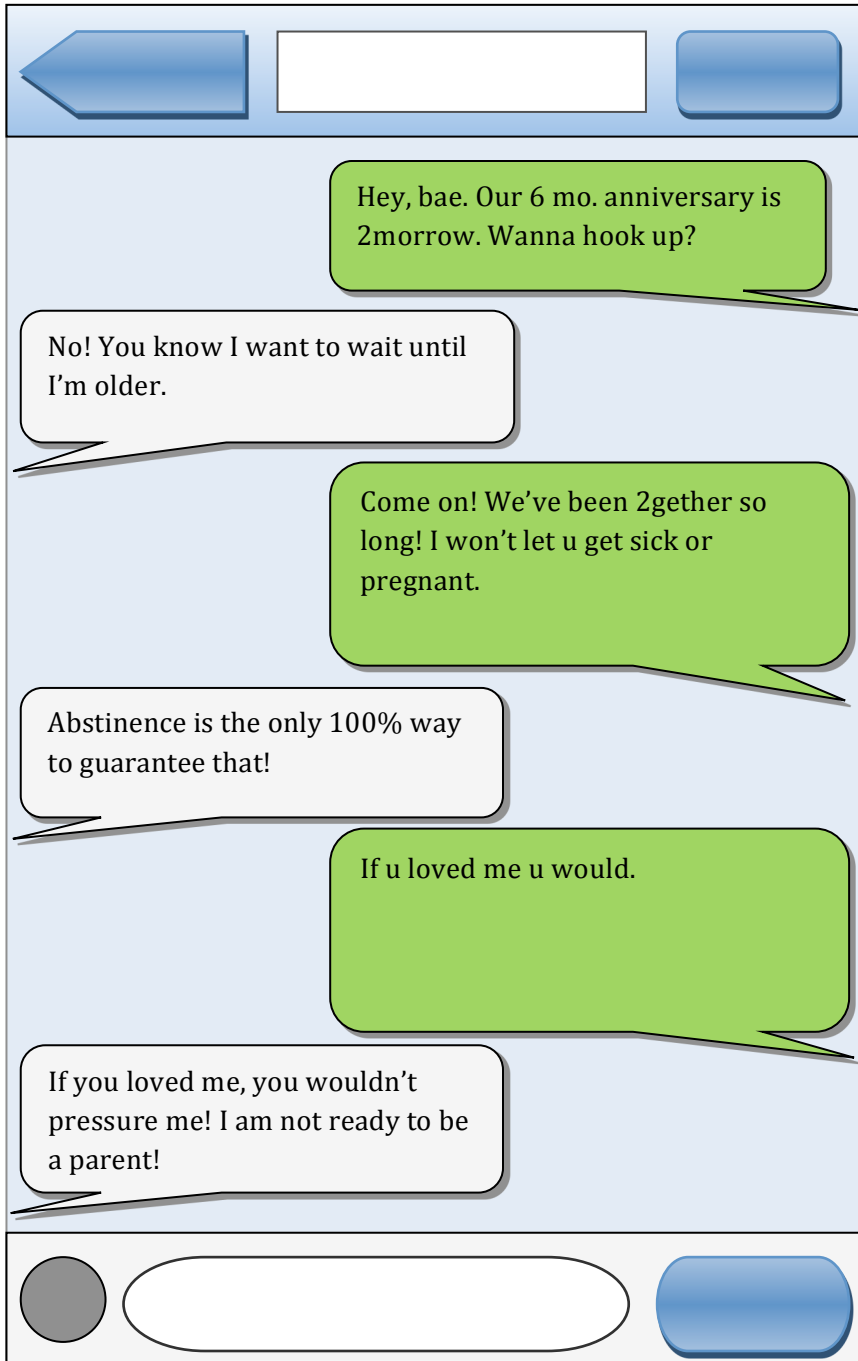
- 1) Jessie and Chris are going on their first date tomorrow. Jessie has had sex before and hopes to have sex with Chris at the end of the night if the date goes well. Chris has liked Jessie for a long time and doesn't want to disappoint him/her, but Chris really wants to wait to have sex. Write the conversation between Chris and Jessie the night before their first date. Help Chris use SWAG to keep from giving in to Jessie.

- 2) Alex and Riley have been dating for a year. Alex has a good job and uses his/her money to take Riley on fancy dates and buy Riley anything he/she want. Riley wants to wait to have sex and has told Alex this over and over, but now Alex thinks that Riley owes him/her sex because of how much money Alex has spent on Riley. Help Riley use SWAG to resist when Alex texts to pressure for sex again.
- 3) Taylor just found out his/her crush Casey is going to be at the biggest party of the year. Taylor hopes that Casey will want to hang out at the party and get to know each other more. Maybe it will even lead to Taylor and Casey going out! When Taylor texts Casey to find out if he/she want to hang out together at the party, Casey starts asking Taylor if he/she want to have sex because everyone else at the party will be hooking up. Taylor wants to wait, but what happens if Casey has sex with someone else at the party? Help Taylor use SWAG to explain to Casey why they won't be having sex at the party.
- 4) Devin and Payton are hanging out at Payton's house before Payton's parents get home from work. They are watching a movie and start making out on the couch. Devin starts to pressure Payton to have sex even though Payton wants to wait. Payton says, "I have to go to the bathroom!" and leaves the room to take a deep breath. While in the bathroom, Payton texts Devin to explain why he/she want to wait to have sex. Write the text conversation between Payton and Devin, helping Payton use SWAG to resist Devin's pressure.
- 5) Bailey and Jordan are best friends. Bailey has been on several dates with a guy/girl from school and Jordan wants to know why Bailey hasn't made a move to have sex yet. Bailey wants to wait, but Jordan isn't a virgin and doesn't see what the big deal is. Write a text conversation between Bailey and Jordan where you help Bailey use SWAG to explain why he/she doesn't want to have sex yet.
- 6) Skyler and Jamie have been dating for a while and they love to text each other when they are not hanging out in person. One day, Skyler starts texting and pressuring Jamie to send a naked photo. Jamie is really scared to sext message with Skyler because he/she knows they could get in trouble for it. Skyler says he/she promises they won't let anyone else see it. Help Jamie use SWAG to text Skyler back and explain why they will not send them a nude photo.
- 7) Haden has a huge crush on Charlie, a person that rides the bus with him/her. Haden is only in 8th grade and Charlie is in 10th grade. One day Charlie asks Haden for his/her phone number. Haden is so excited Charlie wants to get to know each other more. As they continue to talk and get closer, Charlie starts to pressure Haden into hanging out alone and having sex. Charlie says, "Everyone at the high school has sex. If you want to be with someone older like me, you need to get over it and do it already. I can find a guy/girl to have sex with any time I want to. You are lucky I want to be with you!." Help Haden use SWAG to text Charlie and explain why they want to wait to have sex.

Non-Sexual Scenarios – these scenarios are meant to show students that SWAG can be used in non-sexual scenarios as well.

- 8) Blaire and Sam are best friends. Sam wants Blaire to hang out after school at his/her house, but Sam knows that Blaire likes to smoke weed after school, and that Blaire will try to pressure Sam into smoking, too. Sam does not want to get in trouble or mess with his/her future by getting caught up in using drugs. Help Sam use SWAG to let Blaire know that they can hang out, but not if drugs are involved.
- 9) Shiloh is so tired of school and wants to take a break in the middle of the week, so he/she invites their crush, Avery, to go to a local mall and hang out. Shiloh says, "There is nothing going on this week. Let's just skip. There is no way we'll get caught." Avery is worried they will get in trouble and doesn't want to risk it, but Shiloh keeps pressuring him/her. Help Avery using SWAG to let Shiloh know that they won't be skipping school.
- 10) Dakota and Sidney are at a party for the basketball team. They are both starting players on the team and very popular. Dakota sneaks a bottle of liquor into the party and starts offering drinks to people. He/She says, "We've worked hard this season! We should let loose and have some fun." Sidney does not want to drink and is worried about the coach finding out and kicking them all off the team. Sidney hopes to go to college on a basketball scholarship one day. Dakota keeps pushing and pushing, so Sidney leaves to sit outside on the front porch and get some air. Help Sidney use SWAG to write the texts he/she would send to Dakota to tell him/her they do not want to drink.

iPhone Template Example





*Note: This Hand out is available online in Landscape format.

Blank iPhone Template

