

## Grab and Go Lesson Plan – Media Safety

**Say:** *What is media? (Answer: internet, books, tv, magazines, music, movies, video games, etc) Do you think media has an influence on the choices teenagers make? (Allow them to answer.) Raise your hand if you have access to the internet at home, on a computer or your phone. Raise your hand if you have access here at school. We are all exposed to media all the time. It can be used for good, or in some cases it can be harmful. Let's take a look at a slideshow about being safe when using the internet and other forms of media.*

Show Media and Internet safety slideshow.

**Say:** *Now that we know more about how to protect ourselves online, on our phones, and while we consume media, let's do an activity about how our social media profiles can influence the jobs we get.*

Do Who Would You Hire?

**Say:** *Now let's do a lesson about trusting people online.*

Do Catfish activity.

\*If time allows, do caught in the web activity. The best location would be after the media safety slideshow or even during the slideshow when you talk about sexting!\*